

YOU'RE INVITED

AGELESS: A Prescription for Successful Aging

JOIN US!

DATE:

TIME:

HOSTED BY:

WHERE:

PLEASE RSVP BY:

PHONE OR EMAIL:



**Practical strategies for
health and longevity.**



Health is impacted by numerous influences over our lifetimes that may be out of our control, like genetics, access to medical care—even luck. The good news is that we can take charge of our health and adopt existing practices that are helping people live longer and healthier lives.

Prudential is pleased to offer an illuminating presentation where you'll discover AgeLess, a prescription for healthy aging. The strategies discussed can be easily added to your daily routine to help you maintain your health as you age.

WHAT YOU WALK AWAY WITH

In this session, you'll discover seven simple and practical strategies that you can immediately adopt to help you become a healthier and more vibrant person at any age.



MEET DR. BOB YOUR EXPERT ON AGING

Dr. Robert Pokorski, Prudential's Vice President and Medical Director, is an internationally-renowned medical lecturer and author. He's committed to working with financial professionals and their clients on the importance of incorporating health and longevity into people's personal financial strategies. He has been in the insurance industry for over 30 years and specializes in longevity research and product design.



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